



## Social Skills Groups

### SCHOOL READINESS

The main aim of the group is to help children build the social skills and self-regulation skills they need to make a successful start to school. This is for children who often have trouble in group situations, but who might not have a formal diagnosis.

Social skills including greetings, initiating, and maintaining conversations, turntaking and following group rules, and developing cooperative play skills and understanding emotions.

- Being in a group and understanding social thinking
  - How to be a good friend
  - Rules and routines for group living
- Motor skills including pencil grasp, drawing skills, copying, and tracing and handwriting
  - Executive functioning including attention and concentration, planning, and performing tasks
- Early literacy and numeracy
- Language skills including following instructions

The groups will run over 8 weeks.

No more than 10 per group.

The total cost of the group is \$900. If self or plan managed for NDIS you may be eligible to use your funding.

LOCATED AT SOUTHERN RESERVE  
COMMUNITY CENTRE  
27 RUPERT DRIVE  
MULGRAVE

## CONNECTED PSYCHOLOGY

We want your child to  
thrive

For more information about the  
program, please call

0406 321 177

[www.connectedpsychology.com.au/group-programs/](http://www.connectedpsychology.com.au/group-programs/) You may  
also email us at  
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