



Connected Psychology

Is your child ready to start school next year?

School readiness is determined by much more than a child's chronological age. In order to have a happy and successful start to school, children also need to have a firm grasp of language, fine/gross motor coordination, social and emotional skills.

The checklist below will give you an overview of your child's "school readiness" skills and help you determine areas in which your child might need additional help or practice before school begins.

STUDENT'S FULL NAME: _____ Intended Start Date _____

Can your child.....?	Always	Rarely	Sometimes	Not Yet
Social Skills				
Cope with change				
Separate from parents easily				
Comply with requests to finish an activity when asked				
Take turns in a small group without assistance				

Be responsible for their own possessions			
Take turns when playing			
Play cooperatively with other children			
Can sit and listen to an adult read a story to a large group			
Communication	Always Rarely	Sometimes	Not Yet
Listen attentively in a group situation and answer questions			
Talk clearly in full sentences			
Make people outside family understand what he/she wants			
Speak audibly and maintain eye contact			
Listen without interrupting while other children speak			
Fine & Gross Motor Skills	Always Rarely	Sometimes	Not Yet
Balance (on one leg, walk along a skipping rope)			

Throw and catch a medium ball, kick a ball			
Manage changes in the environment independently eg. Stairs, obstacles, uneven ground			
Understand spatial concepts eg. Up/down, next to, left/right, in front/behind, over/under, more/less			
Isolate fingers (eg. To point)			
Hold a pencil (with a two or three finger grip)			
Cut with scissors correctly (thumb on top)			
Paint with paintbrushes			
Independence Skills	Always Rarely	Sometimes	Not Yet
Do up buckles/Velcro (not laces) on shoes/sandals			
Go to the toilet independently			
Wash and dry hands independently			

Blow nose and wipe effectively			
Unwrap and eat lunch, peel fruit, manage lunchbox			
Unscrew a drink bottle			
Recognise belongings amongst others eg. Hat			
Unpack/pack own school bag independently			
Follow 2-3 step instructions independently eg. Put your lunchbox in the fridge, put your hat away and come to the mat			
Intellectual Skills	Always Rarely	Sometimes	Not Yet
Recognise own first name			
Write own name correctly (initial upper case then lower case eg. Sarah)			
State full name, address, age			
Recognise and copy basic shapes – circle, square, triangle, rectangle			

Name basic colours			
Count objects with 10 or more in the group			
Remember songs and rhymes			
Read books using pictures to tell a story			
Draw a picture with recognisable objects			
Talk about what they have drawn			
Correctly use different drawing implements (pencils, crayons, paints, textas)			
Attempt to solve problems independently			